



CHANT Benefits

COASTAL CAROLINA UNIVERSITY BENEFITS NEWSLETTER

IT'S OPEN ENROLLMENT TIME!

Open enrollment is your annual opportunity to:

- Change your insurance coverage(s)
- Enroll in a Flexible Spending Account (FSA) for 2023
- Add or Drop dependents from coverage(s)
- All changes made during Open Enrollment will take effect January 1, 2023



THIS ISSUE:

- OCTOBER EVENTS
 - OPEN ENROLLMENT
 - EMPLOYEE BENEFITS FAIR
 - BREAST CANCER AWARENESS
- SUPPLEMENTAL RETIREMENT ACCOUNTS
- FAMILY MEDICAL LEAVE (FMLA)
- HEALTH SAVINGS ACCOUNT (HSA) RESOURCES
- LIFE SERVICES EAP INFORMATION
- "DID YOU KNOW?" CORNER
- CONTACT US

IMPORTANT DATES:

- Benefits Open Enrollment - 10/01 - 10/31
- CCU Benefits Fair - 10/07, 8:30am-12:00pm
- Mobile Mammography Bus - 11/14

2022 CCU EMPLOYEE BENEFITS FAIR

Please join us to explore your benefit options with state vendor representatives, campus partners and local businesses!

- BCBS; EyeMed
- ORP Vendors (VALIC, VOYA, MassMutual, TIAA)
- Black Dog Running, PeeDee Bicycle Shop, HotWorx Fitness and WCCU
- Worksite Screenings and Flu shots will be available on a limited basis.
- Special Guests: Myrtle Beach Pelicans and Ed Piotrowski! (possibly) and much, much more!

Breast Cancer Awareness Month



Breast cancer is the most common cancer in American women, except for skin cancers. It is estimated that in 2022, approximately 30% of all new women cancer diagnoses will be breast cancer. Breast cancer can occur in both men and women. About 1 out of every 100 breast cancers diagnosed in the United States is found in a man.

Save the Date

Mobile Mammography Bus - Nov 14th

For information on self-exams:

<https://www.nationalbreastcancer.org/breast-self-exam>



Save The Date

Friday, October 7, 2022
8:30am – 12:00pm

Coastal Carolina University
2022 Fall Benefits Fair

Supplemental Retirement Accounts



- SOUTH CAROLINA DEFERRED COMPENSATION (SCDC): Offerings include 401k, Roth 401k, and 457b plans. Information may be obtained at southcarolinadcp.empower-retirement.com or the SCDC representative, Lehe Drawdy at 843.830.5212.
- 403B SUPPLEMENTAL RETIREMENT PLANS: Plans available with the following vendors: Aspire Financial Services, Inc; Fidelity Investments; ING Life Insurance and Annuity Company; MetLife; VALIC; TIAA; and Vanguard. Please visit OMNI, the third party vendor for 403b plans, at <https://www.omni403b.com>. Choose “Employees” to view options. For questions, contact OMNI at 877.544.6664 or use the “Contact Us Quick Links” at bottom of site or for more information contact Payroll, at 843.349.2069 or via email payroll@coastal.edu

Employees can enroll in a supplemental retirement plan or change contributions at any time throughout the year.

Health Saving Account (HSA)

HSA Central provides HSA participants access to information that can help them save more, spend smarter and invest in their healthcare. The HSA Resource Center provides educational resources such as calculators, articles, videos and FAQs.

- Health Plan Comparison Calculator
- Reach Your HSA Goals Calculator
- Article: Manage Your HSA Funds
- Video: “Eligible Item and Receipt Mobile Scanner”
- Video: “Tax and Investment Advantages”

Consumer Services representatives are available Monday through Friday, 8 a.m. to 8 p.m. You can reach them at 833.571.0503 or email HSACentral@healthaccountservices.com.

LifeServices Employee Assistance Program

Easily access Free and Confidential 24/7 counseling, support, and personalized content, for dependents and all members of your household, from any device

- Telephonic , Chat and Video Access
- Personalized Content and Activities
- Shopping Discounts

My Life Expert includes the following daily living resources:

- 1000+ Articles, videos and worksheets
- Daily living and lifestyle assessment surveys
- Events calendar for latest webinars and online training sessions
- Build your own customized profile
- 24/7 confidential support
- Interactive checklists

Visit: www.lifeserviceseap.com Use Code: LS0283 Call: 800.822.4847

Did You Know?

Benefits & International Travel

State Health Plan members have access to BlueCross’ network of participating doctors and hospitals throughout the United States through the BlueCard® program and around the world through BlueCross BlueShield Global® Core. Be sure to always carry your health plan and prescription drug identification cards when traveling because you may still use them out of state.

To locate a provider outside of the United States call toll-free at 800.810.2583 or visit bcbsglobalcore.com

Family Medical Leave (FMLA)

FMLA entitles eligible employees of covered employers to take unpaid, job-protected leave for specified family and medical reasons with continuation of group health insurance coverage under the same terms and conditions as if the employee had not taken leave.

Employees may be able to remain in a paid status subject to leave availability.

For more information, visit the HREO website: [Disability and Leave - Coastal Carolina University](#)

Contact us for questions related to insurance or retirement:

843.349.2036, Option 1
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