



CHANT *Benefits*

COASTAL CAROLINA UNIVERSITY BENEFITS NEWSLETTER

2023 - YEAR OF HEALTH!

- Check your 2023 coverage in MyBenefits.
 - Log in to your account at mybenefits.sc.gov to check your coverage and ensure your open enrollment changes were applied correctly.
- Check your Earnings Statement for the correct benefit deductions via Self-Service
 - Log in at service.coastal.edu
 - Select Employment > Employee > Earnings Statement

Take full advantage of your insurance benefits to make 2023 your healthiest year yet.

THIS ISSUE:

- 2023 OPEN ENROLLMENT CHANGES
- 2023 ADULT WELL VISIT BENEFIT
- 2023 WORKSITE SCREENINGS
- 2022 W-2 & 1095-C INFORMATION
- LIFE SERVICES EAP INFORMATION
- "DID YOU KNOW?" CORNER
- CONTACT US

IMPORTANT DATES:

- Open Enrollment Changes Effective:
 - January 1, 2023
- State ORP Open Enrollment:
 - January 1st - March 1st 2023
- Spring Worksite Screening Dates:
 - Weekly from March 7th - April 16th

Adult Well Visit Changes for 2023

Beginning January 1, 2023, State Health Plan primary members will be eligible for one well visit each year at no member cost.

This benefit is available to all non-Medicare primary adults ages 19 and older who are covered by the Standard Plan or Savings Plan.

Eligible female members may use their well visit at their gynecologist or their primary care physician, but not both. If a woman visits both doctors in the same year, only the first routine office visit received will be covered.

For more information:

[2023 PEBA Insurance Summary](#)

[2023 PEBA Insurance Benefit Guide](#)

2023 Worksite Screenings

Employees and covered spouses who subscribe to the Standard Health Plan or Savings Health Plan will have the opportunity to receive a thorough preventive health screening - a \$350 value in many healthcare settings, FREE in 2023.

The preventive health screening will include the following components: Health Risk Appraisal, Blood Pressure, Blood Lipid Profile, Blood Chemistry Profile and Hemogram. Within three weeks of your screening, you will receive your personal health profile, highlighting any values outside the normal range. (Additional tests are available for an added expense.)

2023 SCREENINGS DATES:

- Tuesday, March 7th (Spring Break Week)
- Thursday, March 16th
- Wednesday, March 22nd
- Tuesday, March 28th
- Thursday, April 6th

More information regarding registration instructions and location will be communicated at a later date.

2023 W-2, Wage and Tax Statements & 1095-C, Employer-Provided Health Insurance Offer and Coverage Form



Make sure your current address is up-to-date for your W-2 and 1095-C distribution. Both the W-2 and 1095-C will be sent via U.S. mail to your home address on file with Human Resources. If you need to update your address, click the link below for the form. Please be advised the form can not have a digital signature. Once completed, drop off at the HR Front Desk or interoffice through Mail Services.

[Name and Address Change Form](#)

W2 and 1095-C Electronic Consent

Employees have the ability to receive W-2 and 1095-C statements electronically as opposed to receiving a paper copy in the mail. By electing electronic consent, employees will have access at all times to W-2 and 1095-C statements on Colleague Self-Service for the length of employment.

To take advantage of this great offer, follow the below instructions:

- Log on to Self-Service at service.coastal.edu
- Click Tax Information
 - Click the tab for W-2, select the option that says you agree to receive your official W-2 only in electronic format.
 - Click the tab for 1095-C, select the option that says you agree to receive your official 1095-C in electronic format.
- Click Save

Contact Payroll at payroll@coastal.edu for any questions concerning your W-2.

Contact Benefits at ccubenefits@coastal.edu for any questions concerning your 1095-C.

LifeServices Employee Assistance Program

Easily access Free and Confidential 24/7 counseling, support, and personalized content, for dependents and all members of your household, from any device

- Telephonic, Chat and Video Access
- Personalized Content and Activities
- Shopping Discounts

My Life Expert includes the following daily living resources:

- 1000+ Articles, videos and worksheets
- Daily living and lifestyle assessment surveys
- Events calendar for latest webinars and online training sessions
- Build your own customized profile
- 24/7 confidential support
- Interactive checklists

Visit: www.lifeserviceseap.com Use Code: LS0238 Call: 800.822.4847

Did You Know?



Learn the skills to lose weight and keep it off forever while still eating your favorite foods in this clinically proven online program. In the program, you will learn it's not what you eat but when and how you eat that will help you lose weight. Classes are offered about once a quarter, and the application for each class opens approximately one month before the class starts.

Go to www.wondrhealth.com/PEBA to learn more about the program, including the class schedule, and to apply or join the waitlist for an upcoming class.

State Optional Retirement Program Open Enrollment

Annual open enrollment for the [State Optional Retirement Program](#) (State ORP) begins January 1 and continues until March 1, 2023.

During annual open enrollment, all State ORP participants have the option to change service providers. State ORP participants may also make an irrevocable switch to the [South Carolina Retirement System](#) (SCRS) during annual open enrollment if at any point during the open enrollment period it has been at least one year, but not more than five years, since their initial enrollment in the State ORP.

More information on annual open enrollment can be found at peba.sc.gov/sorp-oe or call 888.260.9430.

Contact us for questions related to insurance or retirement:

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